

# Harrold ISD Lunch Menu

## Week of March 5-9, 2018

**Monday:** Country Fried Steak  
Gravy  
Mashed Potatoes  
Okra  
Roll  
Strawberry Cup  
Milk

**Thursday:** Pizza  
Garden Salad  
Carrots  
Apple Slices  
Milk

**Friday:** No School

**Tuesday:** Meat & Cheese Chalupas  
Salsa  
Zesty Cucumbers  
Refried Beans  
Lettuce/Tomato Garnish  
Rosy Applesauce  
Milk

**Wednesday:** Hamburger/Cheeseburger  
Hamburger Garnish  
Broccoli  
Sweet Potato Fries  
Mixed Fruit  
Crispy Cereal Treat  
Milk

In accordance with Federal civil rights law and U.S. Department of Agriculture (USDA) civil rights regulations and policies, the USDA, its Agencies, offices, and employees, and institutions participating in or administering USDA programs are prohibited from discriminating based on race, color, national origin, sex, disability, age, or reprisal or retaliation for prior civil rights activity in any program or activity conducted or funded by USDA.

Persons with disabilities who require alternative means of communication for program information (e.g. Braille, large print, audiotape, American Sign Language, etc.), should contact the Agency (State or local) where they applied for benefits. Individuals who are deaf, hard of hearing or have speech disabilities may contact USDA through the Federal Relay Service at (800) 877-8339. Additionally, program information may be made available in languages other than English.

To file a program complaint of discrimination, complete the USDA Program Discrimination Complaint Form, (AD-3027) found online at: [http://www.ascr.usda.gov/complaint\\_filing\\_cust.html](http://www.ascr.usda.gov/complaint_filing_cust.html), and at any USDA office, or write a letter addressed to USDA and provide in the letter all of the information requested in the form. To request a copy of the complaint form, call (866) 632-9992. Submit your completed form or letter to USDA by:

(1) mail:

(2) fax: (202) 690-7442; or

(3) email: [program.intake@usda.gov](mailto:program.intake@usda.gov).

U.S. Department of Agriculture  
Office of the Assistant Secretary for Civil Rights  
1400 Independence Avenue, SW  
Washington, D.C. 20250-9410;

This institution is an equal opportunity provider